



---

# *Curriculum Information*

Incoming Freshmen Students & Parents

---

## **Administration:**

Mr. Matt Sheehan, Superintendent  
Mr. Jarod Claybourn, Principal  
Mrs. Robynn Considine, Director of Secondary Education  
Mrs. Rachel Ravior, Vice Principal  
Mr. Frank D'Errico, Vice Principal  
Mrs. Debra Sukinik, Supervisor of Special Services  
Mr. Scott Manlove, Athletic Director

## **Contact Information:**

Website: [www.sterling.k12.nj.us](http://www.sterling.k12.nj.us)  
Main Office: (856)784-1333  
Guidance Office: (856)784-1334  
Local TV: Channel 19 (TV-19)  
Social Media: Twitter @SHSPrincipalGKs @SHSGuidanceDep @KnightsSHS (Athletics)

## Graduation Requirements: 130 Credits & Testing

### Credits

Graduation Requirements (NJDOE and Sterling High School)		
Subject Area/Course	Min. Credits	Additional Information
English Language Arts	20	English I – IV, students are also required to take English Comp
Mathematics	15	Algebra I, Geometry, and a 3 <sup>rd</sup> year of math
Health and PE	20	Health I – IV (Health II = Driver's Ed); Phys. Ed I - IV
Science	15	Life Science, Phys. Science and Earth/Space science standards
Visual/Performing Arts	5	See page 5 for a list of approved courses
Social Studies	15	World History, US History I & II
21 <sup>st</sup> Century Life and Careers	5	See page 5 for list of approved courses
World Language	5*	*10 credits of World Language for college bound students
Financial Literacy	2.5	Personal Finance
Digital Literacy	2.5	Students are required to take Digital Application

Testing Requirements are still being developed by the NJDOE.

### Student Academic Progress

Grade	ELA 4 years	Math 3 years	Science 3 years	Social Studies WH, USI, USII	World Lang. 1 year	Physical Ed. & Health 4 years	Visual/ Performing Art 5 credits	21 <sup>st</sup> Century 5 credits	Fin. Lit	Other Electives	Total Credits
9											
10											
11											
12											
Units	/4	/3	/3	/3	/1	PE: /4 Health: /4	/5 credits	/5 credits	/2.5 credits		/130 credits

\* Sterling students will also take English Composition and Digital Applications during their 9<sup>th</sup> grade year

\* 4-year colleges will require a minimum of 16 academic courses as well as 2 years of a World Language

## Advanced Placement & High School Plus\* Courses:

Anatomy & Physiology I, II  
Art History AP (*Semester*)  
Biology AP (*Full-Year*)  
Calculus AP (*Full-Year*)  
Chemistry AP (*Full-Year*)  
Dynamics of Health Care (*Full-Year*)  
Early Childhood Ed I\*  
Early Childhood Ed II\*  
Early Childhood Ed III\*  
Early Childhood Seminar  
English III AP (*Full-Year*)\*  
English IV AP (*Full-Year*)\*  
Financial Accounting II\*  
French III\*  
French IV\*

Holocaust & Genocide Studies  
Italian III\*  
Italian IV\*  
Latin III\*  
Latin IV\*  
Medical Math  
Medical Terminology  
Music Theory AP (*Semester*)  
Radio Broadcasting II\*  
Spanish III\*  
Spanish IV\*  
Spanish V\*  
Spanish V AP (*Semester*)  
TV Production II\*  
US History II AP, Honors (*Semester*)\*  
US Government & Politics AP (*Semester*)

## Special Programs\*\*:

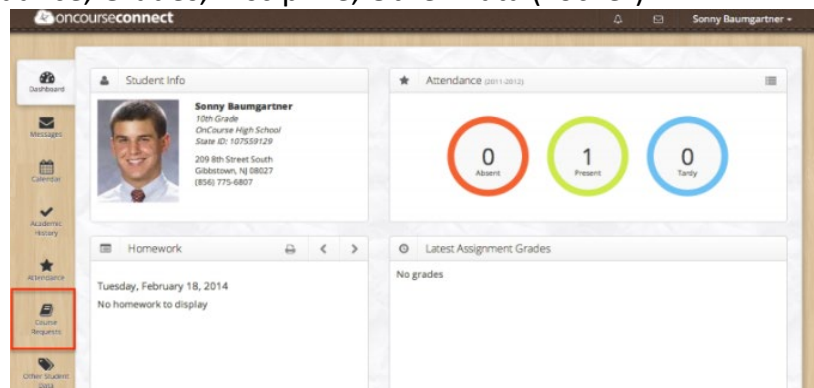
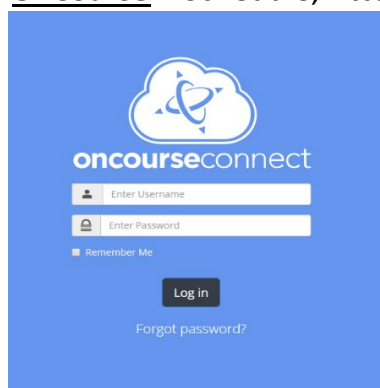
Television Production / Broadcast Journalism\*  
Early Childhood Development\*  
Performing Arts  
NJROTC\*  
Allied Health Science\*  
STEM  
Graphic Design in Multi-Media Technology\*

*\*\* Special Programs consist of elective course progressions*

*\*School Choice Program. SHS has a maximum enrollment of 118 School Choice students*

## Student Information System:

**OnCourse** – Schedule, Attendance, Grades, Discipline, Other Data (Locker)



## Scheduling Timelines:

February/March → Honors Testing via LinkIt! (administered at Sterling), Teacher Recommendations  
World Language and Special Program selection

End of May → All course listings provided to students (*change request deadline June 7<sup>th</sup>*)

June 5<sup>th</sup> → **Freshmen Orientation**: School Information, Clubs & Activities, and ID Pictures

August → OnCourse goes “Live”, schedules are viewable – notified via School Messenger Call Student Tablet Pick-up (Office 365, Student Email Accounts) – schedule located online and in summer mailings.

## Resources:

**Twitter** @SHSPrincipalGKs

@SHSGuidanceDep

@KnightsSHS (Athletics)



**Facebook** Sterling High School

**Website:** [www.sterling.k12.nj.us](http://www.sterling.k12.nj.us) (Tabs and contents listed below)

**School** → Principal, Program Planning Guide, Staff Directory, Academic Calendar, School Store

**Students** → Bell Schedule, Curriculum, Academic Support, 1:1 Tablets, Food Services

**Parents** → Tablet Agreements, Parent Support, Lunch Information, YST

**Athletics & Activities** → Physicals & Consent, Fall, Winter, Spring Sports

**Guidance** → Staff, SAT PSAT & AP, College Planning, Programs, Newsletter, NCAA, Dual Credit

**Community** → Preschool Program, Community Fitness Center, Use of Facilities Request

**Multimedia** → TV-19, Sterling Radio, Photo Gallery